



# Lourdes Institute of Wholistic Studies

900 Haddon Avenue - Suite 114, Collingswood, NJ 08108

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www.lourdeswellnesscenter.org

## Yoga Teacher Training

### First Semester

Techniques and Teaching Methodology:
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Spring Semester (Phase I)
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Total cost for semester is \$1375.00

### Second Semester

The Science of Ayurveda: Phase II
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Total cost for semester is \$750.00

### Third Semester

Yoga Anatomy & Physiology: Phase III
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Total cost for semester is \$375.00

- \* \$500.00 - Down Payment
- \* 5 equal payments of \$400.00
- \* Due 2/1, 3/1, 4/1, 5/1 and 6/1

**Total Hours = 200**

**Total Cost for Program = \$2500.00**