



# Lourdes Institute of Wholistic Studies

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[www.LourdesInstitute.org](http://www.LourdesInstitute.org)

## Yoga Teacher Training – Summer Intensive

**Total Hours = 200**

**Total Cost for Program = \$2630.00**

- \* \$500.00 - Down Payment
- \* 3 equal payments of \$710.00
- \* Due 7/1, 8/1, and 9/1

Techniques and Teaching Methodology

Total cost = \$1,445.00

The Science of Ayurveda

Total cost = \$790.00

Anatomy & Physiology

Total cost = \$395.00