



Lourdes Institute of Wholistic Studies

900 Haddon Avenue - Suite 114, Collingswood, NJ 08108

Telephone (856) 869-3134 ✪ Fax (856) 869-3129

www.lourdeswellnesscenter.org

SHIATSU PROGRAM

<u>First Semester</u>	<u>Hours</u>
Shiatsu Theory and Practice I	80
Infectious Diseases	4
Professional Ethics	6
Eastern Therapeutic Concepts	16
Theory of Chinese Medicine I	30
Documented Clinic Hours	20
CPR/First Aid	6
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	162
<u>Second Semester</u>	
Shiatsu Theory and Practice II	75
Structures and Functions I	60
Structures and Functions II	40
Therapeutic Herbal Applications	30
Documented Clinic Hours	35
Workshops (Yoga, Macrobiotics)	10
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	250
<u>Third Semester</u>	
Shiatsu Theory and Practice III	100
Business Management and Law	32
Workshops (Qi- Gong, Reiki)	10
Theory of Chinese Medicine II	20
Documented Clinic Hours	35
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	197
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	609