



**St. Francis of Assisi's great song
The Canticle of the Creatures
is a prayer for our time.**

**The prayer honors all creation, pleads for peace, begs for pardon and reconciliation.
It holds out hope for unity among all created peoples and lands. It offers praise to the Holy
through Brother Sun, Sister Moon and Stars, Brother Wind and Air,
Sister Water, Brother Fire, Sister Earth and Sister Death.**

Let this prayer that honors all of creation, yearns for peace in our world,
and calls forth the creativity inherent in every thing and person
bring peace, healing and wholeness to the times in which we live.

The Canticle of the Creatures

Most high, all-powerful. All holy One
Yours are the praises, the glory, the honor and all blessing
To you alone, most High, do they belong,
and no person is worthy to mention your name

Praised be you, my Lord, with all of your creatures

Especially Sir Brother Sun
Who is the day and through whom you give us light
And he is beautiful and radiant with great splendor
And bears a likeness to you, most High One

Praised be you my Lord, through Sister Moon and Stars
In heaven you formed them clear and precious and beautiful

Praised be you, my Lord, through Brother Wind
And through the air, cloudy and serene and every kind of weather
Through which you give sustenance to all your creatures

Praised be you, my Lord, through Sister Water
Which is very useful and humble and precious and pure

Praised be you, my Lord, through Brother Fire
Through whom you light the night
And he is beautiful and playful and robust and strong
Praised be you my Lord through our sister, Mother Earth

Who sustains and governs us
And who produces varied fruits with colored flowers and herbs

Praised be you, my Lord, through those who give pardon
for your love, And bear infirmity and tribulation

Blessed are those who endure in peace
For you, most high, they shall be crowned.

All praise be yours, my Lord, through Sister Death
From whose embrace no mortal can escape

Woe to those who die unrepented
Happy those she finds doing your will
The second death can do no harm to them

Praise
and give thanks
and serve God with great humility



To spread this prayer into the very earth of your life, we invite you to create a Canticle of the Creatures Meditation Garden,
whether as small as a window box or as large as a field, in your corner of the world.

For ways to plan, develop or celebrate your Canticle of the Creatures Meditation Garden,
contact Colleen Kendrick at KendrickC@lourdesnet.org.

Your photos, thoughts and stories may be included on our Canticle of the Creatures Meditation Garden Worldwide Registry.

Lourdes Wellness Center

Presents

Canticle of the Creatures:

Meditation Garden of Peace, Healing and Wholeness



***Experience the meditation garden adjacent to
The Little Portion of Lourdes Wellness Center.***

***Join us for a day program, spend your own quiet time or arrange for a prayer
day incorporating garden time, meditation, massage and spiritual direction.***

Visit www.LourdesWellnessCenter.org for other programs including:

- Contemplative drawing in the Garden Meditation with clay
- Poetry writing and journaling Contemplative walking
- Other ways to explore the spirit of peace, healing and wholeness through the meditation garden.

Lourdes Wellness Center
900 Haddon Avenue,
Suite 100
Collingswood, NJ 08108
(856) 869-3125

**The Little Portion
of Lourdes Wellness Center**
1049 Haddon Avenue
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Sponsored by Our Lady of Lourdes Health System, a Ministry of the Franciscan Sisters of Allegany, NY