



LIWS PROGRAMS IN PARTNERSHIP WITH CAMDEN COUNTY COLLEGE

These programs incorporate classes from LIWS and Camden County College. You will take college level courses while earning your Massage Therapy Certification. Additionally, the college credits you earn can be used towards your Massage Therapy Associates Degree in Applied Science. LIWS strongly recommends following the course flow outlined below to eliminate possible scheduling conflicts.

Massage Therapy Certificate of Achievement (MAS.CA)

Spring Cohort (January)

Code	Course	Credits
MAS-200	Therapeutic Massage	6
MAS-205	Environmental Management	1
HPE-170	First Aid, Safety & Prevention of Injuries	3
MAS-209	Structures & Functions I	4
MAS-211	Structures & Functions II	2
		16

Summer Session

Code	Course	Credits
MAS-201	Student Massage Clinic	1
		1

Fall Semester

Code	Course	Credits
MAS-261	Pathology for Massage Therapy	4
MAS-240	Specialized Massage Techniques	3
MAS-260	Palpation & Kinesiology	3
MAS-255	Massage Therapy Integration & Application	3
MAS-241	Business Management for the Massage Practitioner	2
HPE-102	Health & Wellness*	3
		18

Credits Total 35

*Students have the option to take HPE-102 during summer session or during winter intersession (Begins December and ends early January).

MAS courses are restricted to students formally admitted into the Massage Therapy Program.

Please Note: Lourdes Institute and Camden County College reserve the right to regulate the number of students in a class, to cancel a class or to change the times of classes and instructors. Also, the academic calendar, courses and curricula described herein are subject to change by the Institute and/or Camden County College at any time. Camden County College and Lourdes Institute also reserve the right to change tuition and fees herein stated at any time by action of the Board of Trustees. (Advanced development of our Industry may not be deemed to be within any given Massage Techniques, while part of the on-going growth and research – supported Bodywork or Somatic Therapy's Scope of Practice in all jurisdiction(s).) LIWS encourages students to ensure they are practicing in a responsible manner and in compliance with their jurisdiction(s)' definition of Scope of Practice, where applicable.

Massage Therapy Associate Degree in Applied Science (MAS.AAS)

First Year/ First Semester (Fall Semester Primary Start)

Code	Course	Credits
ENG-101	English Comp I	3
MAS-200	Therapeutic Massage*	6
MAS-205	Environmental Management	1
BIO-117	Basic Anatomy & Physiology	4
MTH	Mathematics Elective	3
		17

First Year/Second Semester

Code	Course	Credits
ENG-102	English Composition II	3
FNS-105	Introduction to Nutrition	3
MAS-209	Structures & Functions I	4
MAS-211	Structures & Functions II	2
MAS-240	Specialized Massage Techniques*	3
MAS-260	Palpation & Kinesiology	3
		18

Second Year/First Semester

Code	Course	Credits
PSY-101	Basic Psychology	3
MAS-261	Pathology for Massage Therapy	4
HPE-106	Stress Management	3
HPE-170	First Aid, Safety & Prevention of Injuries	3
HPE	Health Exercise Elective	1
		14

Second Year/ Second Semester

Code	Course	Credits
MAS-241	Business Management for the Massage Professional	2
MAS-243	Integrated Myofascial Structural & Techniques*	2
MAS-255	Massage Therapy Integration/Application*	3
SPE-102	Public Speaking	3
HPE-145	Wellspring Fitness Lab I	1
.....	Diversity: Humanities Elective	3
		14

Total: 62

Electives: Choice of courses to equal 5 credit hours from below:

Code	Course	Credits
MAS-215	Therapeutic Sensory Applications I	1
MAS-220	Eastern Therapeutic Concepts	1
MAS-225	Therapeutic Sensory Applications II	2
MAS-230	Therapeutic Herbal Applications	2
MAS-250	Shiatsu Therapy-Level I	4

Total Credits: 68

* These courses only are restricted to students formally admitted into the Massage Therapy Program.

All other courses may be taken without formal acceptance into the Massage Therapy Program. MAS-200, MAS-240, MAS-243, MAS-260 and MAS-261 require additional materials including lotions, massage table, face cradle and bolster.