



# LIWS PROGRAMS IN PARTNERSHIP WITH CAMDEN COUNTY COLLEGE

These programs incorporate classes from LIWS and Camden County College. You will take college level courses while earning your Massage Therapy Certification. Additionally, the college credits you earn can be used towards your Massage Therapy Associates Degree in Applied Science. LIWS strongly recommends following the course flow outlined below to eliminate possible scheduling conflicts.

## Massage Therapy Certificate of Achievement (MAS.CA)

**MASSAGE THERAPY DEGREE: Certificate of Achievement**  
College Code: MAS.CA

Code	Course	Credits
<b>First Semester</b>		
MAS-200	Therapeutic Massage1	6
MAS-205	Environmental Management1	1
MAS-209	Structures & Functions II	4
MAS-211	Structures & Functions III	2
HPE-170	First Aid, Safety, Prevention of Injuries	3
		<b>16</b>
<b>Summer Session</b>		
MAS-201	Student Massage Clinic1	1
		<b>1</b>
<b>Second Semester</b>		
MAS-240	Specialized Massage Techniques1	3
MAS-241	Business Management for the Massage Professional1	2
MAS-255	Massage Therapy Integration & Application1	3
MAS-260	Palpation and Kinesiology for Massage Therapy1	3
MAS-261	Pathology for Massage Therapy1	4
HPE-106	Stress Management	3
		<b>18</b>
<b>Total Minimum Credits</b>		<b>35</b>

IMAS courses are restricted to students formally admitted into the Massage Therapy Program.

Note: This program meets all educational requirements defined by the State of New Jersey, The National Certification Board for Therapeutic Massage and Bodywork and the American Professional Massage Therapists and Bodyworkers.

## Massage Therapy Associate Degree in Applied Science (MAS.AAS)

**MASSAGE THERAPY - MAS.AAS**  
**First Year/First Semester (Fall Semester Primary Start)**

Code	Course	Credits
ENG-101	English Comp I	3
MAS-200	Therapeutic Massage1	6
MAS-205	Environmental Management	1
BIO-117	Basic Anatomy & Physiology I	4
MTH .....	Mathematics General Education Elective	3
		<b>17</b>
<b>First Year/Second Semester</b>		
ENG-102	English Composition II	3
FNS-105	Intro to Nutrition	3
MAS-209	Structures & Functions for the Bodyworker I	4
MAS-211	Structures & Functions for the Bodyworker II	2
MAS-240	Specialized Massage Techniques1	3
MAS-260	Palpation & Kinesiology for Massage Therapy	3
		<b>18</b>
<b>First Year/Summer Session</b>		
MAS-201	Student Massage Clinic1	1
		<b>1</b>
<b>Second Year/First Semester</b>		
PSY-101	Basic Psychology	3
MAS-261	Pathology for Massage Therapy	4
HPE-106	Stress Management	3
HPE-170	First Aid, Safety & Prevention of Injuries	3
HPE...	Health & Exercise Science	1
		<b>14</b>
<b>Second Year/Second Semester</b>		
MAS-241	Business Management for the Massage Professional	2
MAS-243	Integrated Myofascial Structural Techniques1	2
MAS-255	Massage Therapy Integration/Application1	3
SPE-102	Public Speaking	3
HPE-145	Wellspring Fitness Lab I	1
.....	Diversity: Humanities Education Electives	3
		<b>14</b>
<b>Choice of courses to equal 2 credit hours from below:</b>		
MAS-215	Therapeutic Sensory Applications I (1 credit)	
MAS-220	Eastern Therapeutic Concepts (1 credit)	
MAS-225	Therapeutic Sensory Applications II (2 credits)	
MAS-230	Therapeutic Herbal Applications (2 credits)	
		<b>2</b>
<b>Total Minimum Credits</b>		<b>66</b>

1 These courses only are restricted to students formally admitted into the Massage Therapy Program. Note: This program meets all educational requirements defined by the State of New Jersey, The National Certification Board for Therapeutic Massage and Bodywork and the American Professional Massage Therapists and Bodyworkers.

Note: Lourdes Institute and Camden County College reserve the right to regulate the number of students in a class, to cancel a class or to change the times of classes and instructors. Also, the academic calendar, courses and curricula described herein are subject to change by the Institute and/or Camden County College at any time. Camden County College and Lourdes Institute also reserve the right to change tuition and fees herein stated at any time by action of the Board of Trustees. (Advanced development of our industry may not be deemed to be within any given Massage Techniques, while part of the on-going growth and research – supported Bodywork or Somatic Therapy’s Scope of Practice in all jurisdiction(s).) LIWS encourages students to ensure they are practicing in a responsible manner and in compliance with their jurisdiction(s)’ definition of Scope of Practice, where applicable.