



Lourdes Institute of Wholistic Studies

900 Haddon Avenue - Suite 114, Collingswood, NJ 08108

Telephone (856) 869-3134 ☎ Fax (856) 869-3129

www.lourdeswellnesscenter.org

Reflexology Certificate Curriculum

First Semester - **Total Hours /semester = 58**

	<u>Hours</u>
Reflexology I	16
Infectious Diseases	4
Professional Ethics	6
Reflexology II	24
CPR/FIRST AID	8

Second Semester - **Total per semester = 68**

Foot/Hand Anatomy	16
Practicum/Case Study Public Clinic	20
Auricular (Ear) Therapy	8
Business Pract. For Reflexologist	8
Reflexology III / Eastern Theory	16

Total Hours = 126

Division of Lourdes Wellness Center, Our Lady of Lourdes Medical Center
A Ministry of the Franciscan Sisters of Allegany, NY